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INFORMED CONSENT TO TELEHEALTH

Telehealth allows Lighthouse clinicians/practitioners to diagnose/evaluate, consult, treat, educate, and manage my care using interactive audio, video or data communication. I hereby consent to participating in psychotherapy via telephone or the internet (hereinafter referred to as Telehealth) with my clinician:

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This form is an addendum to the office policy signed at the time of intake and those rights and responsibilities remain in place.

I understand I have the following rights under this agreement:

- 1. I have a right to confidentiality with Telehealth under the same laws that protect the confidentiality of my medical information for in-person psychotherapy and evaluation/ medication management appointments. Any information disclosed by me during the course of my treatment, therefore, is generally confidential.
- 2. There are, by law, exceptions to confidentiality, including mandatory reporting of child, elder, and dependent adult abuse and any threats of violence I may make towards a reasonably identifiable person. I also understand that if I am in such mental or emotional condition to be a danger to myself or others, my therapist has the right to break confidentiality to prevent the threatened danger. Further, I understand that sharing of any personally identifiable images or information from the Telehealth interaction to any other entities shall not occur without my written consent.

- 3. I understand there are risks and consequences from teletherapy, including, but not limited to, the possibility, despite reasonable efforts on the part of my therapist, that: the transmission of my information could be disrupted or distorted by technical failures; the transmission of my information could be interrupted by unauthorized persons; and/or the electronic storage of my medical information could be accessed by unauthorized persons. I am responsible for information security on my computer.
- 4. You or your clinician may determine that a higher level of care than Telehealth is required to meet your unique treatment needs, at which time a referral will be made to the appropriate provider.
- 5. Refusal to participate in telehealth if no other type of service is available due to office closure, will result in referral to a higher level of care.
 - 6. I accept that teletherapy does not provide emergency services. If I am experiencing an emergency situation, I understand that I can call 911 or proceed to the nearest hospital emergency room for help.

I have read and understand the information provided above. I have the right to discuss any of this information with my clinician and to have any questions I may have regarding my treatment answered to my satisfaction.

I understand that I can withdraw my consent to Telehealth communications at any time verbally and in writing.

My signature below indicates that I have read this Agreement and agree to its terms.
Client Signature:
Signature for Parent/Guardian (if client is under 18):